Case Study no. 21 – Supporting Healing of a Heel Pressure Ulcer After Intensive Care Stay

Patient

67-year-old male.

Clinical

Heel pressure ulcer developed following prolonged immobilization during an intensive care unit stay.

Challenges

Heel location and prior critical illness increased the risk of delayed healing, requiring effective debridement and ongoing wound hygiene without compromising surrounding tissue.

Brush Solution

Initial sharp debridement was followed by controlled mechanical debridement using the Yarrow™ woundbrush to support the ongoing wound cleansing and maintenance.

Clinical Outcomes & Rationale

Sequential use of sharp debridement and gentle mechanical cleansing supported effective removal of devitalized tissue while preserving viable structures. Consistent mechanical debridement maintained a clean wound bed and supported progressive wound improvement during ongoing treatment.

"Combined sharp and mechanical debridement supported sustained wound improvement in a complex heel pressure ulcer."

