Case Study no. 19 – Supporting Closure of a Pressure Ulcer at the Achilles Tendon

Patient
65-year-old male.

Clinical
Pressure ulcer located at the Achilles tendon region, present for three months prior to initiation of treatment.

Challenges
Sustained pressure at the Achilles area and limited soft tissue coverage increased the risk of delayed healing, requiring consistent wound hygiene without causing additional mechanical stress.

Brush Solution
Daily use of controlled mechanical cleansing with the Yarrow™ woundbrush, combined with moist wound healing principles, supported effective and atraumatic wound hygiene.

Clinical Outcomes & Rationale
Daily gentle mechanical cleansing supported removal of debris and surface contaminants while preserving vulnerable tissue at the Achilles region. Combined with moist wound healing, this consistent hygiene approach stabilized the wound environment and ultimately resulted in complete wound closure after a prolonged non-healing period.

"Consistent daily cleansing supported closure of a long-standing pressure ulcer at the Achilles region."

